

**IMPORTANT! READ CAREFULLY AND KEEP  
FOR FUTURE REFERENCE**



One Wrap  
Natural Closeness  
*Complete Freedom*



for babies weighing  
2.3kg-9kg (5lbs-20lbs)



## **INSTRUCTION MANUAL**

Applies to Izmi® baby carrier models IZWR-BA

# Your Izmi® Wrap

For natural, comfortable closeness during your baby's first months. Simple, adaptable and flexible support, every day.

**Important Information:** Please read this instruction manual carefully before you use your Izmi® Wrap. More information, advice and videos can be found on our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

The Izmi® Wrap is most suitable for use from birth (2.2kg/5lbs)\* to around 9 months (9kg/20lbs). \*There is no minimum weight limit when your Izmi® Wrap is used correctly, however for babies weighing under 3.2kg/7lbs, and those with any disability or illness, please seek advice from a health professional or carrying consultant before use.

## To Ensure Your Baby's Safety:

- Always follow the guidelines for safe carrying (see **pages 14-15** for further information).
- When using the Izmi® Wrap continue to monitor your child at all times.
- Be aware of hazards around you whilst using the baby carrier; avoid heat sources, hot drinks and unsafe environments.
- Regularly inspect your Izmi® Wrap for any signs of wear or damage.
- Always be aware of the increased risk of your child falling out of the Wrap as you become more active.

## WARNING! When using your Izmi® Wrap:

- For low birthweight babies and children with medical conditions, seek advice from a health professional before use.
- Your balance may be adversely affected by your movement and that of your child.
- Take care when bending or leaning forward or sideways.
- This carrier is not suitable for use during sporting activities.

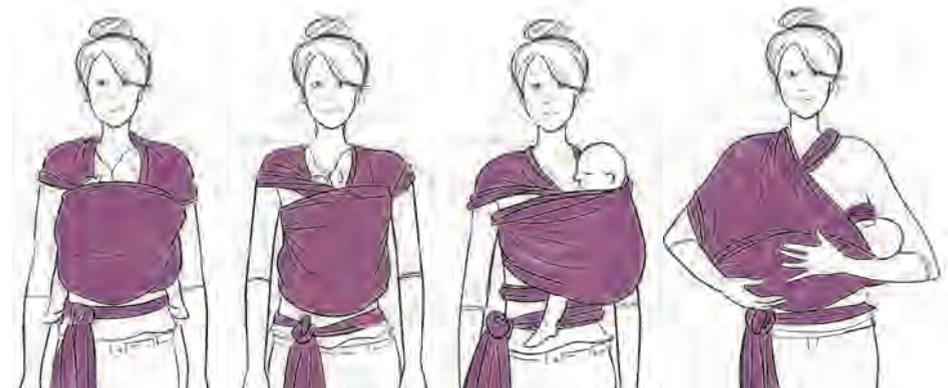
The Izmi® Wrap is tested to Safety Standard CEN/TR 16512:2015.

Product Warranty and Registration:

Register your Izmi® Wrap online at [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

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# Izmi® Features & Parts

## 1 Natural Fabrics

97% bamboo is super soft, flexible and breathable

## 2 Excellent Weight Distribution

Spread your wrap fabric wide for optimum weight distribution

## 3 Soft Support

Supports your baby snugly against your body in their natural position, with no clips, buckles, hard or rigid parts

## 4 Ergonomic and Adjustable

**Tie tightly** to fit to your body, giving custom-fitting comfort whatever your shape or size

## 5 Reinforced Edges

Sewn to provide support and comfort; contrasting stitching at each edge helps you to wrap more easily



## Before you start...

Your Izmi® Wrap is very easy to use! Start by putting on your Izmi® Wrap (see pages 6-7), then choose your carrying position (pages 8-13). You can leave your Izmi® Wrap tied to your body all day as your baby can be taken in and out of the carrier without re-tying! **Keep your Izmi® Wrap out of the reach of children when it is not in use.**

The notes on the next page help answer some questions you may have when you first start using the Izmi® Wrap.

For further support please visit our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

## How tightly should I tie my Izmi® Wrap?

The Izmi® Wrap is very elastic. It needs to be **tied tightly** in order to safely support your baby against your body. Tie your Wrap so that there is no slack or loose fabric, and start with the centre of the wrap higher than your belly button. When tied, the Wrap should stretch to allow you to put your baby into it, but it should be tight enough to support your baby in a high, snug position against your chest so that they cannot slump away from your body.

## Is my Izmi® Wrap a hands-free carrier?

Yes! When tied correctly for a snug, supportive fit, the Izmi® Wrap will allow you to safely carry your baby without supporting them with your hands. If you do not feel able to let go of your baby when they are in the Wrap, and/or if they are able to slump down or away from your body, take them out and **re-tie it more tightly.**

Please note that the Supporting Breastfeeding Position (page 13) is **NOT** suitable for hands-free carrying.

## Which carrying position should I choose?

There are two options for a front carry in the Izmi® Wrap; for most babies the most suitable carry position is the standard Front Carry (pages 8-9), where the baby has their lower legs and feet outside the fabric of the Wrap. For some newborns who prefer to hold their legs and feet closer to their body, the Front Carry Newborn Variation (page 11) may also be suitable.

Check how your baby naturally holds their legs when you are carrying them in your arms to see whether they may prefer their legs inside or outside of the Wrap.

The Side Carry (page 12) is suitable once your baby is able to stabilise their head against the movements of your body; this is usually by around 3-5 months.

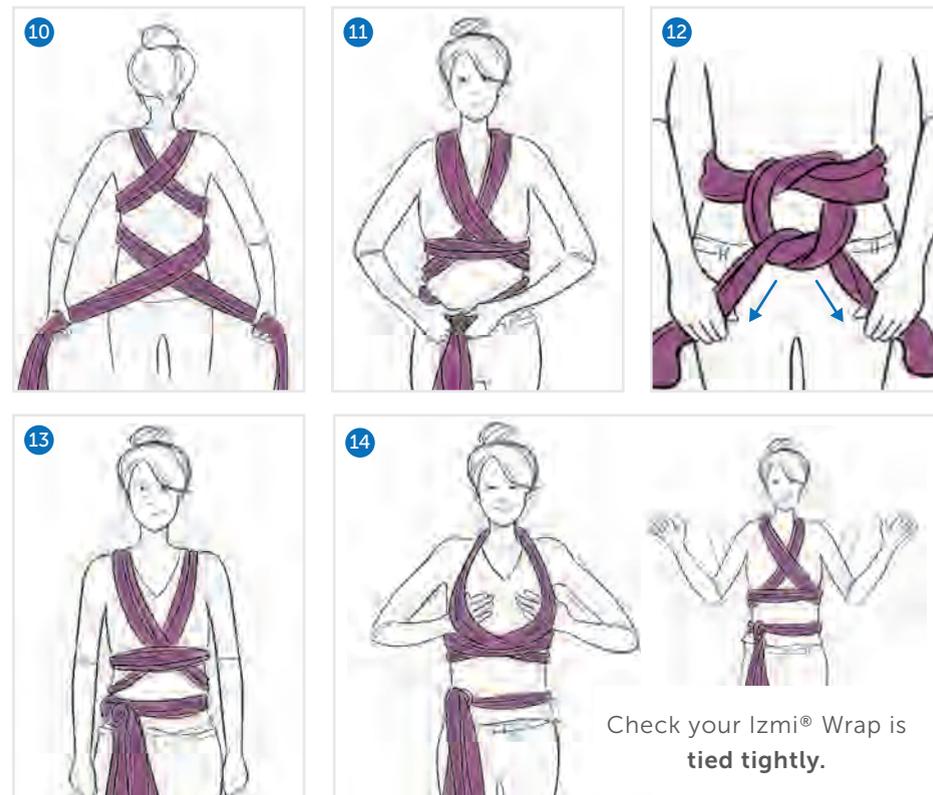
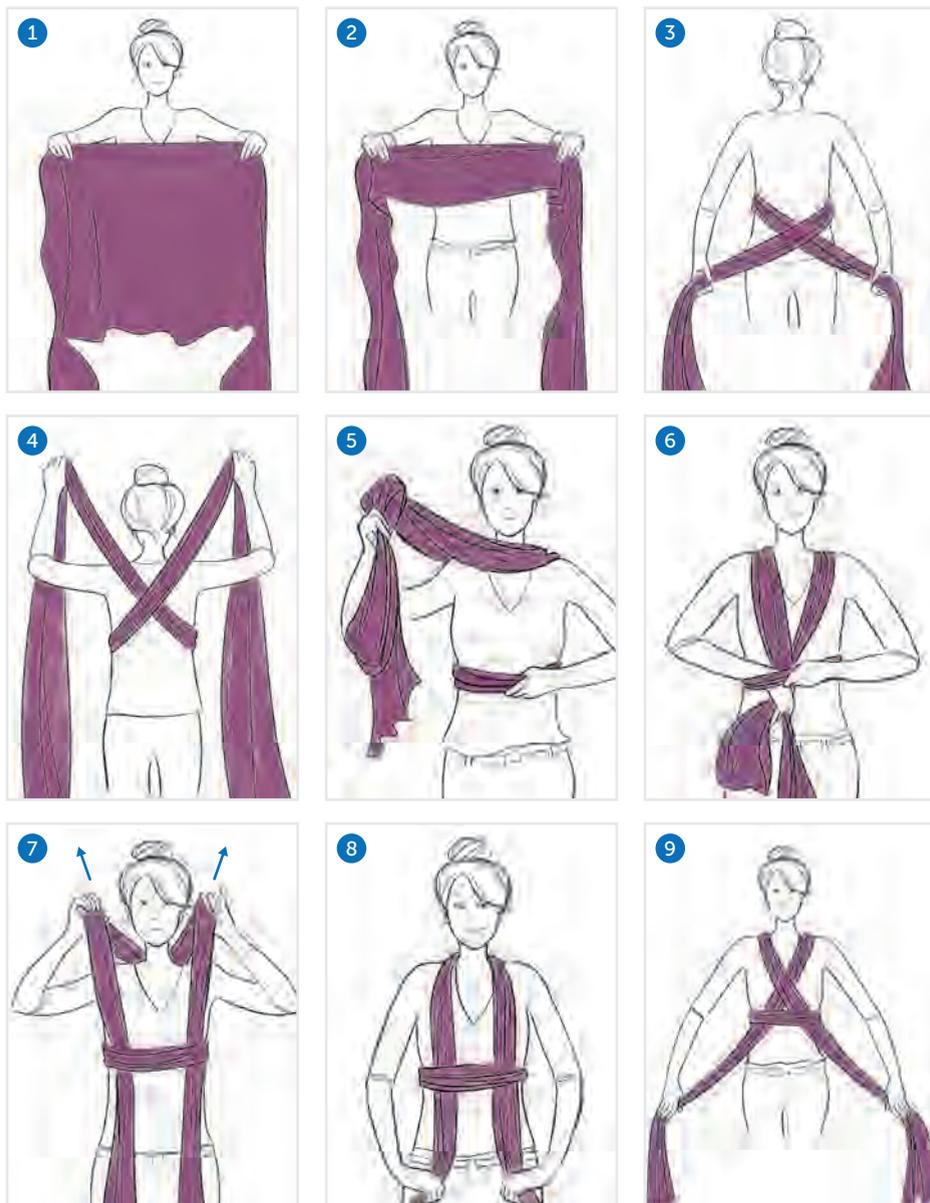
## Adjusting your Izmi® Wrap for support and comfort

Once your baby is in the Wrap, you can spread the fabric wide across your shoulders and back to distribute the weight more comfortably. You can also spread fabric to support behind your baby's head. **WARNING: Always ensure that your baby's face and nose are not covered by any fabric.**

# Putting the Wrap on

It's super easy! Just follow these steps below to put on your Izmi® Wrap.

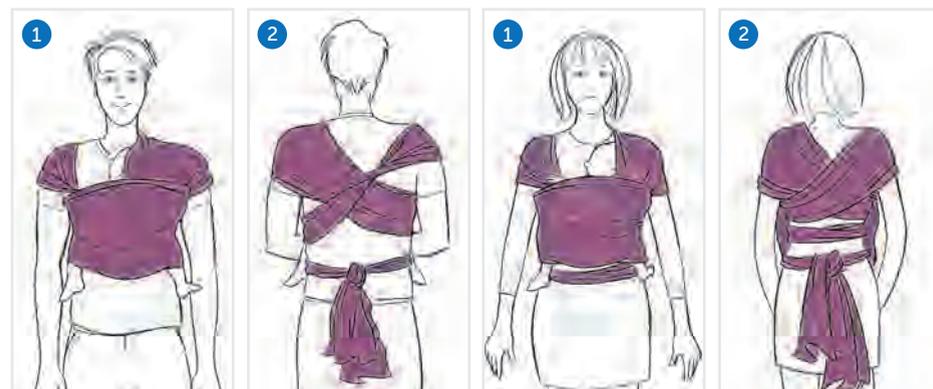
For further support please visit our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)



**Handy Tip!** You can leave your Wrap tied to your body all day as your baby can be taken in and out of the carrier without re-tying!

For Larger Parents...

For Smaller Parents...

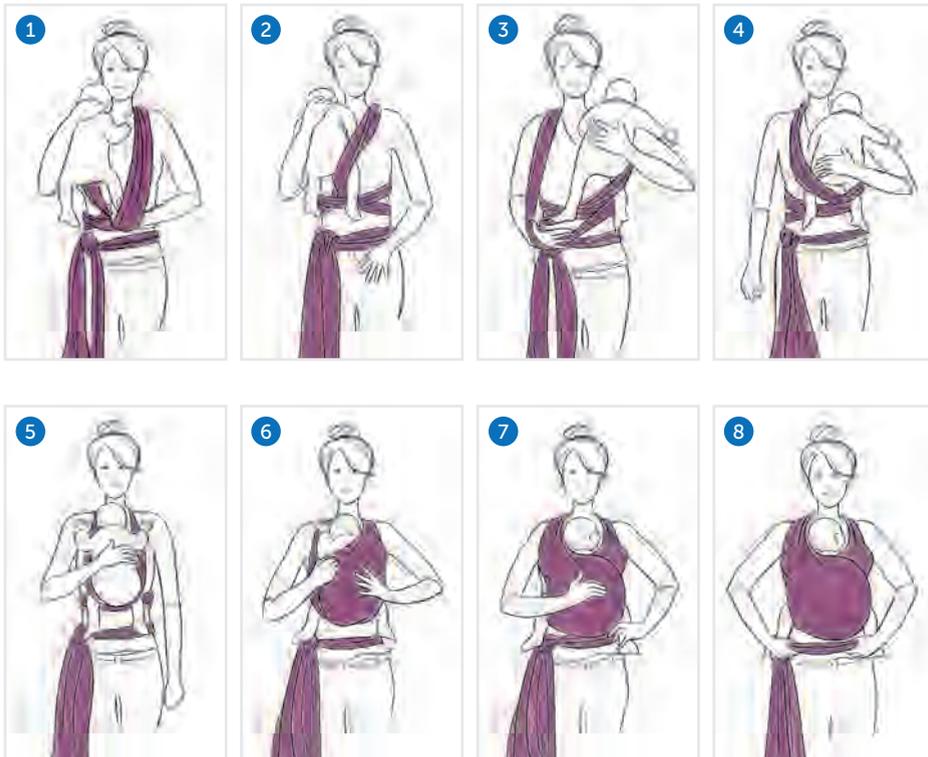


# Front Carry

Suitable from newborn (2.2kg/ 5lbs).



- Follow the instructions on **pages 6-7** to put on your Izmi® Wrap.
- **WARNING: To prevent your child from falling, ensure they are securely positioned in the Izmi® Wrap.**
- Ensure that your baby's face and nose are always visible and unobstructed by fabric.
- Keep at least one hand supporting your baby at all times until they are fully secure in the Wrap.



## Optimum Positioning for Healthy Hips

Ensure that each of the 3 layers of your Izmi® Wrap are fully opened wide to support the whole of your baby's back, thighs and bottom.

For a Hip Healthy position, the fabric should offer support from the back of one knee to the back of the other.

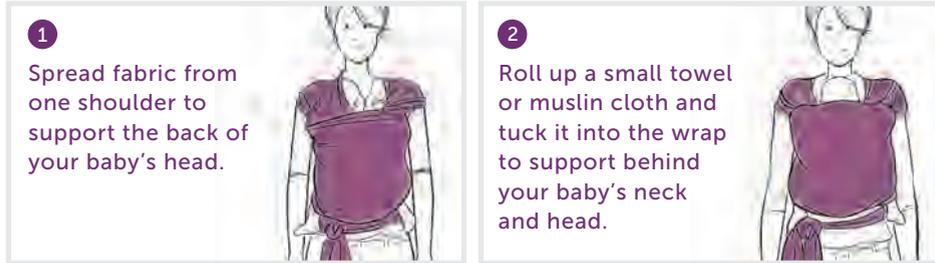


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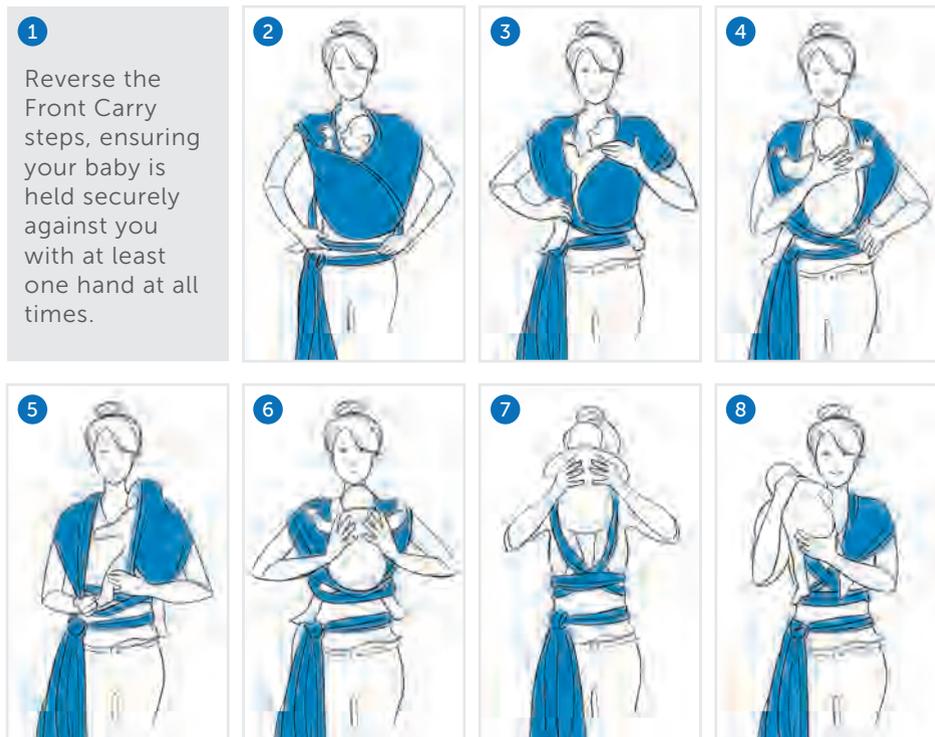
INTERNATIONAL HIP DYSLPASIA INSTITUTE

## Supporting Your Baby's Head

Your baby's head should be stabilised against the movements of your body. For babies unable to do this by themselves (those younger than 3-5 months), there are 2 ways to give head support in your Izmi® Wrap:



## To safely take your baby out



**5** NOTE: You may need to unhook baby's legs from the fabric.

## Front Carry Newborn Variation

Suitable for some babies 0-2 months (5lbs/2.2kg to 12lbs/5kg approx).



- Follow the instructions on **pages 6-7** to put on your Izmi® Wrap.
- This carry position is for very young babies who hold their feet and legs close to their bodies in a foetal position.
- For older or awake or more active babies, this position will feel too restrictive; please use the standard Front Carry (**page 8**).



# Side Carry

Suitable for babies with full head and neck control (4m+ approx).

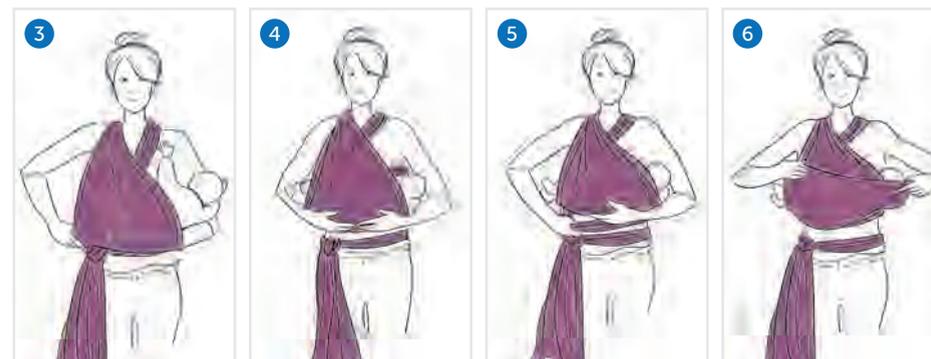


- Follow the instructions on **pages 6-7** to put on your Izmi® Wrap.
- **WARNING: To prevent your child from falling, ensure they are securely positioned in the Izmi® Wrap.**
- The side carry may be positioned on the left or right hip.
- Keep at least one hand supporting your baby at all times until they are fully secure in the wrap.



# Supporting Breastfeeding

**This is NOT a hands-free carrying position;** always keep baby's head and face uncovered by fabric, using your hand or arm to support their head. Always return to your usual snug, upright carrying position as soon as they have finished feeding.



# Safety and Positioning for all Carrying Positions

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To ensure the safety of a baby in a wrap or carrier, always check that the baby's:

- ✓ Airways are protected and unobstructed
- ✓ Head is supported
- ✓ Spine is supported

## Airways:

- ✓ No fabric covering face
- ✓ Face and nose visible at all times
- ✓ Chin is not pressing into their chest

## Head:

- ✓ Head supported in line with spine
- ✓ Head remains stable as you move around
- ✓ Give additional head support as needed for sleeping

## Spine:

- ✓ Spine supported in its natural 'J' shaped curve without slumping.
- ✓ Pelvis tilted up towards the carrying adult. This pelvic tilt helps to relax your baby's spine and will lift the knees up into their natural 'Hip Healthy' position:
  - From newborn: Fully supported to the very top of their neck.
  - By around 4-5 months (baby can stabilise head while awake): Supported to the top of their back, level with their shoulders.
  - By around 7-9 months (baby can sit unaided): Supported up to their armpits (higher if preferred).

## Safety and Positioning:

Good positioning of your baby in your Izmi® Wrap will make it safer and more comfortable to use. Ensure that your Wrap is **tied tightly** so that it holds your baby's weight snugly against your body. If your baby can slump or lean away from your body then they will not be safely supported, and carrying will quickly become tiring and uncomfortable. Be aware that all babies are different, and react differently when carried in different positions. **WARNING: Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.**

## Carrying Height:

For your baby's safety, carry your baby so that you can easily kiss their head. A good guide is to position your baby at the height that you naturally hold them in your arms. This will help ensure that your baby's weight is supported with minimum strain and maximum support.



## Hip Healthy Positioning:

To support healthy hip development, ensure that your Izmi® Wrap fabric is spread wide to support your baby's thighs, hips and bottom from the back of one knee to the back of the other. When in the optimum position, your baby's knees will be higher than their hips/bottom, with their lower legs hanging down, feet lower than knees. Benefits of this natural hip healthy position include:

- ✓ Recommended for healthy hip development
- ✓ Supports good positioning for your baby's pelvis and spine
- ✓ Improves ergonomic weight distribution for you, making carrying more comfortable

Young babies hold their legs close to their body in a foetal or 'froggy legged' position. As they grow their legs will gradually open out to a wider 'spread squat' position. Do not force a baby's legs into a wider position than they are ready for; check how your baby naturally holds their legs when carried in your arms, or in an infant car seat.

## Using your Wrap in Special Situations

Your Izmi® Wrap may be adapted for use in many situations. Always ensure that all safety advice is followed. Do not use your Wrap in special situations if you are at all unsure about suitability or your baby's safety. Seek advice from a health professional and/or babywearing consultant.

## Breastfeeding in your Izmi® Wrap:

Your Izmi® Wrap may be used as an aid to breastfeeding (see page 13), provided all safety measures above are followed. To protect the baby's airways: ensure that their spine is supported, that no fabric covers their head or face and that they can breathe freely through their nose. Support their head with a hand or arm until they have the head and neck control to latch on and off by themselves (5+ months approx). **Monitor your baby at all times while feeding, and return to your usual snug, upright carrying position as soon as they have finished.**

## Low Birthweight and Premature Babies:

**WARNING: Babies born prematurely and/or with a low birth weight are at greater risk of suffocation. Take extra care, and seek advice from a health professional before using your Izmi® Wrap with babies under 7lbs/3.2kg.**

The guideline age-ranges in this manual may not be realistic if your baby/babies were born prematurely. Check your baby's level of postural control for each carrying position, and do not use the Wrap if you are concerned for your baby's safety.

## Carrying Multiples or Siblings:

**Please read important information about premature and low birthweight babies above.** You may use one, or two Izmi® Wraps to carry two babies with one baby on each side. Only use your Izmi® Wrap for up to two babies at a time. Ensure that your babies are both held snugly, with their heads well supported, and get advice from a qualified Carrying Consultant to find the position that best suits you and your babies.



Tested to Safety Standard CEN/TR 16512:2015.

Made from 97% Bamboo Viscose, 3% Spandex.

**Washing instructions:** Machine washable at 30°. Do not bleach. Do not tumble dry.  
Do not dry clean. Do not iron. Designed in the UK. Made in China.

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