

**IMPORTANT! READ CAREFULLY AND KEEP  
FOR FUTURE REFERENCE**

# IZmi

**BABY CARRIER**

*Essentials Range*

One Carrier  
Multiple Positions  
*Complete Freedom*



for babies weighing  
3.2kg-15kg (7lbs-33lbs)



## **INSTRUCTION MANUAL**

Applies to Izmi® baby carrier model **IZEC-PO**

# Your Izmi® Essentials Baby Carrier

All the simplicity and intimacy of a wrap with the ergonomic support and comfort of a soft structured carrier.

**Important Information:** Please read this instruction manual carefully before you use your Izmi® baby carrier. More information, advice and videos can be found on our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

This carrier is suitable for use with babies from newborn (3.2kg/7lbs) to toddler (15kg/33lbs). The width and height of the carrier seat can be adjusted as needed to ensure a good fit at all stages.

## To Ensure Your Baby's Safety:

- Always follow the guidelines for safe carrying (see pages 6-8 for further information).
- When using the carrier continue to monitor your child at all times.
- Be aware of hazards around you whilst using the baby carrier; avoid heat sources, hot drinks and unsafe environments.
- Stop using the carrier if any parts are missing or damaged.
- For low birthweight babies and children with medical conditions, seek advice from a health professional before using the product.

**WARNING!** When using your Izmi® baby carrier:

- Your balance may be adversely affected by your movement and that of your child.
- Take care when bending or leaning forward or sideways.
- This carrier is not suitable for use during sporting activities.

Izmi® baby carriers are tested to Safety Standard EN13209:2-2015. **Product Warranty and Registration:** Register your Izmi® baby carrier online at [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

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# Izmi® Features & Parts



## 1 Shoulder Straps

can be spread wide for optimum weight distribution

## 2 Headrest

for added comfort & support

## 3 Waistband

with hidden seat adjustment system

## 4 Dual Adjustable Buckles

for securing the shoulder straps

## 5 Poppers

for securing the headrest

## 6 Ergonomic Adjustable Width Seat



## Getting Started...

Izmi® baby carriers are incredibly adjustable to fit babies and parents of almost every shape and size. A good fit for parent and baby will ensure the best support and comfort while using your Izmi® baby carrier.

For further support please visit our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

### 1. Adjusting the seat width:

Lay the carrier flat and face down. Open the hidden pocket in the waistband to reveal the hook-loop width adjustment system. Position the tabs of the carrier seat to fit your baby's size. Be sure to insert the tabs fully into the waistband. Close the pocket and press firmly to secure.

### 2. Adjusting the shoulder straps:

Izmi® baby carriers can be worn with the shoulder straps sitting on top of your shoulders, or with the fabric spread out over your shoulders to distribute the weight more widely.

# Front Carry



Suitable from newborn (3.2kg/7lbs) to toddler (15kg/33lbs).

- Always adjust seat width to fit your baby before you start.
- Keep at least one hand supporting your baby at all times until the carrier is fully secured.
- For babies 0-4 months and when additional head support is needed: Open the carrier headrest up and secure it in place using 1 or 2 of the poppers located on the shoulder straps to stabilise your baby's head.



## To safely remove your Izmi® baby carrier:

Reverse this process, ensuring that you keep your baby held securely against you with at least one hand at all times.

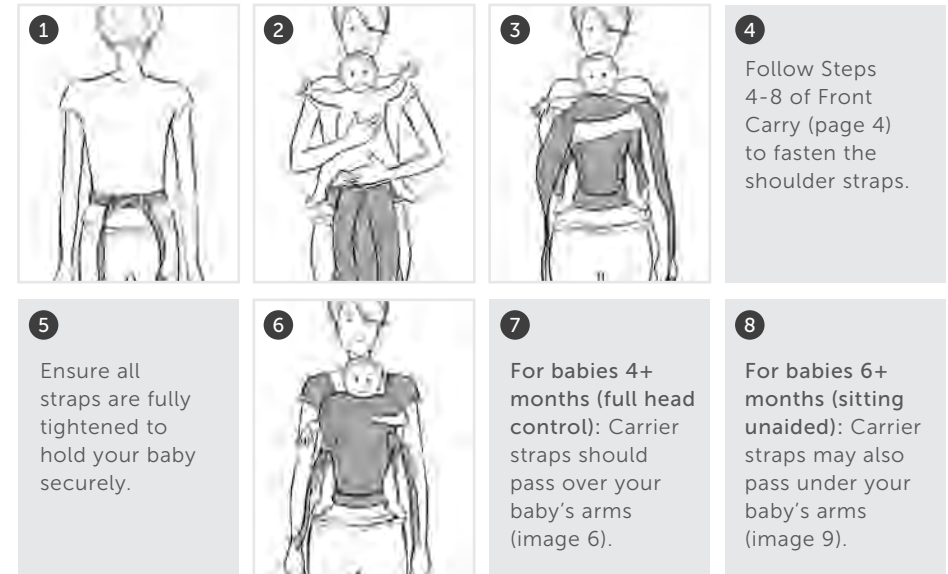
# Front Facing Carry



Suitable for babies with full head and neck control (4m+).

- Adjust seat width to the narrowest setting.
- Keep at least one hand supporting your baby at all times until the carrier is fully secured.

**CAUTION!** For optimum support and comfort do not use this position for extended periods. Always turn baby to face you for sleeping.



## To safely remove your Izmi® baby carrier:

Reverse this process, ensuring that you keep your baby held securely against you with at least one hand at all times.

# Side Carry



Suitable for babies with full head and neck control (4m+).

- Adjust seat width to fit your baby before you start.
- The side carry may be positioned on the left or right hip.
- Keep at least one hand supporting your baby at all times until the carrier is fully secured.



**To safely remove your Izmi® baby carrier:**

Reverse this process, ensuring that you keep your baby held securely against you with at least one hand at all times.

# Safety & Positioning for all carrier positions

**Important Information:** Please read this instruction manual carefully before you use your Izmi® baby carrier. More information, advice and videos can be found on our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)

To ensure the safety of a baby in a sling or carrier, always check that the baby's:

- ✓ **Airways** are protected and unobstructed
- ✓ **Head** is supported
- ✓ **Spine** is supported

## Airways:

- ✓ No fabric covering face
- ✓ Face and nose visible at all times
- ✓ Chin is not pressing into their chest

## Head:

- ✓ Head supported in line with spine
- ✓ Head remains stable as you move around
- ✓ Give additional head support as needed for sleeping

## Spine:

- ✓ Support the spine to prevent your baby from slumping and to give you a snug comfortable fit
- ✓ Baby's spine should be supported by the carrier according to their developmental stage:

**From newborn:** Fully supported to the very top of their neck.

**By around 4-5 months (baby can stabilise head while awake):** Supported to the top of their back, level with their shoulders.

**By around 7-9 months (baby can sit unaided):** Supported up to their armpits (higher if preferred).

Good positioning of your baby in your Izmi® baby carrier will make it easier and more comfortable to use. Ensure that all straps are tightened to support your baby's weight snug and secure against your body. If your baby can lean away from you or is held too low then carrying will quickly become tiring and uncomfortable. Be aware that all babies are different, and react differently when carried in different positions.

## Carrying Height:

For your baby's safety, carry your baby so that you can easily kiss their head. A good guide is to position your baby at the height that you naturally hold them in your arms. This will help ensure that your baby's weight is supported with minimum strain and maximum support.

## Hip Healthy Positioning:

To support healthy hip development, position your baby with their legs in their natural 'froggy legged' position; knees higher than hips/bottom and feet lower than knees.

## Spine and Pelvis Positioning:

- ✓ Spine supported in its natural 'J' shaped curve without slumping.
- ✓ Pelvis tilted up towards the carrying adult. This pelvic tilt helps to relax your baby's spine and will lift the knees up into their natural 'froggy legged' position.

## Using your Izmi® Carrier in Special Situations

Izmi® baby carriers may be adapted for use in many situations. Always ensure that all safety advice is followed. Do not use your carrier in special situations if you are at all unsure about suitability or your baby's safety. Seek advice from a health professional and/or babywearing consultant.

**More information can be found on our website [www.izmibaby.co.uk](http://www.izmibaby.co.uk)**



Tested to Safety Standard EN13209:2-2015 and US Safety Standard ASTM F2236.

Fabric outer, lining and straps 100% polyester. **Washing instructions:** Machine washable on a cold, gentle cycle. Do not bleach. Reshape while wet and hang dry. Do not tumble dry. Do not dry clean. Do not iron. Patent Pending. Designed in the UK. Made in China.

#izmibaby

**[www.izmibaby.co.uk](http://www.izmibaby.co.uk)**

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